

## SWIMMING LESSONS

Swimzone classes are available for all levels from preschool to adults. All of our swim coaches are UKCC qualified.

### Pre-school Lessons (3-5yrs)

Instructor led sessions – With the aim to have every child able to move themselves through the water. To increase confidence and introduce some early swimming techniques.

#### Penicuik Centre

Day	Date	Time	Age	Cost
Monday – Friday	29 July to 02 August 05 to 09 August	3.30pm – 4:00pm	3 – 5yrs	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Penicuik Centre reception 01968 664066		

#### Lasswade Centre

Day	Date	Time	Age	Cost
Monday - Friday	22 to 26 July	10.00am-10.30am 10.40am-11.10am	3 – 5yrs	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Lasswade Centre reception on 0131 271 4533		

#### Newbattle Community Campus

Day	Date	Time	Age	Cost
Monday – Wednesday	05 to 07 August 12 to 14 August	3.00pm-3.30pm	3 – 5yrs	£17.10 for 3 day course
<b>Booking Instructions</b>		For further information or to book a place contact Newbattle Community Campus reception on 0131 561 6740		

#### Loanhead Centre

Day	Date	Time	Age	Cost
Monday – Wednesday	22 to 24 July 29 to 31 July 05 to 07 August	3.00pm-3.30pm	3 – 5yrs	£17.10 for 3 day course
<b>Booking Instructions</b>		For further information or to book a place contact Loanhead Centre reception on 0131 444 9033		

## Junior Swimming Lessons 5 yrs +

Instructor led - The aim at the end of this level is that Children should have developed basic water skills, including breathing, submerging, buoyancy, controlled propulsion and stamina swimming.

### Penicuik Centre

Day	Date	Time	Age	Cost
Monday - Friday	29 July to 02 August 05 to 09 August	4.10pm – 4.50pm	5yrs +	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Penicuik Centre reception on 01968 664066		

### Lasswade Centre

Day	Date	Time	Age	Cost
Monday – Friday	22 to 26 July	11.20am-11.55am 12.00pm-12.35pm	5yrs +	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Lasswade Centre reception on 0131 271 4533		

### Newbattle Community Campus

Day	Date	Time	Age	Cost
Monday - Friday	05 to 09 August 12 to 16 August	3.45pm-4.20pm	5yrs +	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Newbattle Community Campus reception on 0131 561 6740		

### Loanhead Centre

Day	Date	Time	Age	Cost
Monday - Friday	22 to 26 July 29 July to 02 August 05 to 09 August	3.45pm-4.20pm	5yrs +	£28.50 for 5 day course
<b>Booking Instructions</b>		For further information or to book a place contact Loanhead Centre reception on 0131 444 9033		