

## St David's Primary School after School Clubs

The aim of Active Schools is to make: **More children, more active, more often.**

Active Schools is a term given to all schools in Scotland that provide pupils with sufficient opportunities to get active to the extent that it makes a positive contribution to their health. The fundamental aim of Active Schools is to give school aged children the tools, motivation and opportunities to be more active throughout their school years and into adulthood. These opportunities are available before, during and after school, as well as in the wider community.

### The Active Schools initiative has the following objectives:

- To increase physical activity levels among school aged children in general with a focus on girls and young women, young people from black and minority ethnic backgrounds, young people with physical and learning disabilities and young people in areas of socio-economic disadvantage.
- To improve motivation and attitude of children and young people to help increase achievements in all aspects of school and community life.
- To increase levels of sports participation in both formal and informal community settings.

### What role can a volunteer play within Active Schools?

- To lead or assist in activities within the local school setting
- To provide a support role for extra-curricular clubs
- To support the Active Schools thriving Primary School Events Programme
- To offer administrative skills if appropriate
- Driving a mini-bus/ escorting children to events/ festivals (if applicable)
- To offer support and encouragement to young people in pursuit of a more active lifestyle
- To promote the aims and objectives of Active Schools

If you have a spare time at a lunchtime or after school and you would like to volunteer or if you have any questions have regarding active schools then please don't hesitate to contact me:

**Ewan Kennedy – Active Schools Coordinator**

Email: [Ewan.kennedy@midlothian.gov.uk](mailto:Ewan.kennedy@midlothian.gov.uk)

The clubs that are listed below take place in the gym hall at St David's Primary School, these clubs are open to children at St David's Primary school free of charge. To confirm your child's space please return a completed consent form (overleaf) to the school office. Bookings are first come first served, term dates may reduce to allow split blocks to accommodate oversubscription.

Activity	Day	Time	Start Date	End Date	Weeks	Year Group	Cost	Free School Meals
Football 	Monday	3:20pm - 4:20pm	28/01/2019	25/03/2019	8wks Excl: 11/02	P1-P3	FREE	FREE
Dance 	Tuesday	3:20pm - 4:20pm	29/01/2019	26/03/2019	7wks Excl: 05/02 12/02	P1-P3	FREE	FREE
Basketball 	Wednesday	3:20pm – 4.00pm	30/01/2019	27/03/2019	8wks Excl: 13/02	P3-P7	FREE	FREE
Dance 	Thursday	3:20pm - 4:20pm	31/01/2019	21/03/2019	7wks Excl: 14/02	P4 -P7	FREE	FREE
Basketball 	Friday	12.30pm 1.30pm	01/02/2019	22/03/2019	7wks Excl: 15/02	P3-P7	FREE	FREE

### What to do next:

- If you would like your child to attend any of the clubs please complete and return the consent form.
- When sending in a payment to school office, please ensure the correct amount is enclosed as **change cannot be given.**
- Please **include your email address on the parental consent form** as all club confirmations will be emailed to confirm your child's space.
- Activity sessions will not run over public or school holidays.

**Please note clubs will not run during school holidays or in-service days.** Please take a note of your activity dates for future reference.

## MIDLOTHIAN WIDE CLUBS

Active Schools work in partnership with local community clubs and are excited to offer the following clubs across Midlothian. These clubs take place at venues across Midlothian. To book please follow the booking information detail next to your chosen club, these cannot be book via the school office.

Parental consent form **must be completed** and returned prior to the start of any activity.  
**Cheques should be made payable to “Midlothian Council.”**

ACTIVE SCHOOLS MIDLOTHIAN	
ACTIVITY CONSENT FORM	
Please list below the club/s your child wishes to attend: <i>e.g. P1-3 Dance 3:20pm -4:20pm</i>	
Club Name:	Club Day / Time:
Club Name:	Club Day / Time:
Club Name:	Club Day / Time:
PUPIL INFORMATION	
Pupil Name:	School & Class:
Home Address:	
Email Address:	Phone No:
EMERGENCY CONTACT/MEDICAL INFORMATION	
Name of Contact Person:	Relationship to child:
Home Phone:	Mobile Phone:
<p><i>*All medical information regarding the pupil named above must be fully detailed below.            At certain activities/venues we may have no/limited access to school medical records*</i></p> <p>Please detail any learning/physical disability or medical condition plus any medication in the space below:</p>	
GENERAL CONSENT/OTHER INFORMATION	
<p>(Please tick &amp; sign)</p> <p><input type="radio"/> I give permission for the pupil named above to attend the activity/sport sessions.</p> <p><input type="radio"/> I give permission for my child's photograph/video to be taken during the session and used for promotional purposes e.g. social media, website, newsletters etc.</p> <p><input type="radio"/> Does the pupil named above qualify for a free school meal/clothing grant (tick for yes)</p> <p><i>(From August 2017, most Active Schools activities will offer a concession for pupils in receipt of free school meals. This does not include the Government funded p1-3 free school meal. To check eligibility for free school meals, please visit <a href="http://www.midlothian.gov.uk/">www.midlothian.gov.uk/</a> and type 'free school meals' into the search box.)</i></p> <p><b>I enclose full payment (where relevant). Please make cheques payable to 'Midlothian Council'</b></p> <p><b><u>After School Sessions Only</u></b>            After the session the pupils named above will:  <input type="radio"/> Walk Home      <input type="radio"/> Be Collected by.....</p>	
Parent/Carer Signature:	Date:
<p><b>General Data Protection Regulation (GDPR)</b>  <i>If you would like to know how Midlothian Council collects, uses and shares your personal information, please visit our website <a href="http://www.midlothian.gov.uk">www.midlothian.gov.uk</a> to access our online Privacy notice.</i></p>	

SPORT	DAY/DATES	TIME	YR GROUP	VENUE	COST	BOOKING INFO
ATHLETICS Future Stars	MONDAY 14/1—1/4 (EXC 11/2)	4-5PM 5-6PM	P1-3 P4-7	DALKEITH CAMPUS (Indoor)	£16.50 (£13.20 FSM)	Pay and play  Just turn up and pay the coach at the first session.  www.lasswade-ac.org.uk Twitter @LasswadeAC
ATHLETICS Future Stars	WEDNESDAY 16/1—3/1 (EXC 13/2)	4-5PM	P1-7	NEWBATTLE CAMPUS (Indoor)	£16.50 (£13.20 FSM)	
ATHLETICS Future Stars	FRIDAY 18/1—29/3 (EXC 15/2)	1.30-2.30PM 2.30-3.30PM	P1-3 P4-7	BESLACK CHS (Indoor)	£15.00 (£12.00 FSM)	
BASKETBALL	FRIDAY From 25/1—29/3	4—5PM	7yr +	NEWBATTLE COMMUNITY CAMPUS	£18.00 (£14.40 FSM)	0131 561 6740
GIRLS FOOTBALL SFA	SATURDAY 2/2—6/4 (EXC 16/2 & 2/3)	11.30—12.30	P4—7 Girls	LASSWADE CENTRE Sports Hall	£12.00 (£9.60 FSM)	
HOCKEY	TUESDAY 8/1—2/4  FRIDAY 11/1—5/4  MONDAY 14/1—1/4  WEDNESDAY 9/1—3/4  THURSDAY 10/1—4/4	5—6PM  3—4PM  5—6PM  6—7PM  5—6PM	8-13 yrs  8-13 yrs  8-13 yrs  8-13yrs  8-13yrs	DALKEITH CAMPUS  LASSWADE CENTRE  LOANHEAD CENTRE  PENICUIK YMCA  LASSWADE CENTRE	Pay and play For more information please contact club.  Please note these clubs will not run during the Feb break (11/2—15/2) communityclubs@eskvalehockeyclub.org	
AMERICAN FOOTBALL	MONDAY Term time	4-5.30PM	P6-P7 (Boys and Girls)	LASSWADE CENTRE Grass Pitches	Pay and play <a href="mailto:Coach.tduk@gmail.com">Coach.tduk@gmail.com</a> 07900271056	
KARATE	FRIDAY Term time  SATURDAY Term time	2-3PM 3-4PM  1-2.30PM	P1-3 P4-7  P1-7	LASSWADE CENTRE Dance Studio B  PITCAIRN CENTRE Bonnyrigg	Bookings and More info email: <a href="mailto:alanborthwick25@hotmail.com">alanborthwick25@hotmail.com</a>	
GIRLS JUDO Girls Only Judo	THURSDAY Term time	5-6PM	P1-7	LASSWADE CENTRE		
SNOWSPORTS	Midlothian Snowsports Centre, Hillend will be facilitating the After School Snowsport programme this term.  Please contact Hillend for further information 0131 4454433 / <a href="mailto:ski@midlothian.gov.uk">ski@midlothian.gov.uk</a>					



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