Rookie Lifeguard

An opportunity for young competent swimmers to learn essential water safety skills. Keeping themselves safe and learn what to do in an emergency. Instructor based class. Class teaches basic lifesaving skills and techniques. Children MUST be a competent swimmer and able to swim two widths continuously.

Penicuik Centre

Day	Date		Time	Age	Cost
Monday to Thursday	29 July to 01 Aug		4.30pm – 6.00pm	8 - 12yrs	£36.00 for 4 day course
Rooking Instructions		For further information or to book a place contact Penicuik Centre reception on 01968 664066			

Lasswade Centre

Day	Date		Time	Age	Cost	
Monday to Friday	22 to 26 July		1.00pm-2.30pm	8-12yrs	£45.00 for 5 day course	
Rooking Instructions		For further information or to book a place contact Lasswade Centre reception on 0131 271 4533				

Newbattle Community Campus

Day	Date		Time	Age	Cost	
Monday to Friday	05 to 09 August 12 to 16 August		4.30pm – 6.00pm	8 - 12yrs	£45.00 for 5 day course	
ROOKING INSTRUCTIONS			ner information or to book a place contact tle Community Campus reception on 0131 561 6740			

Loanhead Centre

Day	Date		Time	Age	Cost	
Monday to	22 to 26 July		4.30pm – 6.00pm	8 - 12yrs	£45.00	
Friday	05 to 09 August				for 5 day course	
ROOKING INSTRUCTIONS			For further information or to book a place contact Loanhead Centre reception on 0131 444 9033			