

Events**Training****CALENDAR****2023 -
2024****OVERVIEW – ALL EVENTS AND TRAINING COURSES:***Full details on all Events and related Training Courses from page 2 below*

SEPT	TRAINING COURSE	Hockey Leaders Training - Thurs 7 Sept
	TRAINING COURSE	Introduction to Coaching Children - Fri 15 Sept
	TRAINING COURSE	Basketball Leaders Training - Fri 29 Sept
OCT	EVENT	P6 - 7 Cross Country Event - Thurs 5 Oct
	TRAINING COURSE	Boccia Leaders Training- Thurs 12 Oct
	EVENT	P5 - 7 Hockey Festival - Wed 25 Oct
NOV	EVENT	P1 - S6 Boccia Festival - Tues 14 Nov
	EVENT	P6 - 7 Basketball Festival - Wed 29 Nov
DEC	TRAINING COURSE	Emergency First Aid at Work - Tues 12 Dec
JAN	EVENT	P6 - 7 Sportshall - Tues 16 or Thurs 18 Jan
	TRAINING COURSE	Pickleball Training - January date TBC
MAR	EVENT	P6 - 7 Basketball Festival - Wed 6 March
	EVENT	P5 - 7 Hockey (competitive) - Thurs 21 March
	TRAINING COURSE	Leading Athletics Training - March date TBC
APR	EVENT	P5 Club Golf - Tues 23 or Thurs 25 April
MAY	EVENT	P5 - 7 Primary Athletics Champs - Thurs 30 May

EVENTS AND TRAINING COURSES – FURTHER INFO:

OCTOBER

SPORT	EVENT	TRAINING COURSE
Cross Country	P6 - 7 Cross Country 09.30 - 12.00 Thurs 5th October Gore Glen Park	
Hockey	P5 - 7 Hockey 09.30 - 12.00 Wed 25th October Dalkeith Campus Astro	Hockey Leaders 15.45 - 17.00 Thursday 7th September Lasswade Centre Cost: FREE

NOVEMBER

SPORT	EVENT	TRAINING COURSE
Boccia	P1 - S6 Boccia* 09.30 - 12.00 Tuesday 14th November Dalkeith Campus *Pupils with a physical or learning disability	Boccia Leaders 16.15 - 19.15 Thursday 12th October Newbattle Community Campus Cost: £15

Basketball	P6 - 7 Basketball 09.30 - 12.00 Wed 29th November Gorebridge Leisure Centre	Basketball Leaders 13.30 - 16.30 Friday 29th September The Penicuik Centre Cost: £15
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JANUARY		
SPORT	EVENTS 1 & 2	EVENTS 3 & 4
Sportshall Athletics	P6 - 7 Sportshall 09.30 - 12.00 and 12.30 - 14.00* Tuesday 16th January Gorebridge Leisure Centre *schools will be allocated morning or afternoon event	P6 - 7 Sportshall 09.30 - 12.00 and 12.30 - 14.00* Thursday 18th January Gorebridge Leisure Centre *schools will be allocated morning or afternoon event

MARCH		
SPORT	EVENT	TRAINING COURSE
Basketball	P6 - 7 Basketball 09.30 - 12.00 Wed 6th March Gorebridge Leisure Centre	Basketball Leaders See training course info above.

Hockey

P5 - 7 Hockey (competitive)

09.30 - 12.00

Thursday 21st March

Lasswade Centre Astro

Hockey Leaders

See training course info above.

APRIL

SPORT

EVENT

EVENT

Club Golf

P5 Club Golf

09.30 - 12.00

Tuesday 23rd April

Lasswade Centre Astro

P5 Club Golf

09.30 - 12.00

Thursday 25th April

Penicuik High School Astro

MAY

SPORT

EVENT

TRAINNG COURSE

Secondary Athletics

S1 - S3 Athletics Championships

09.30 - 12.00

Wednesday 29th May

Dalkeith Campus Athletics
Track

Leading Athletics

March 2024

Course details to follow - all
updates will be on our website:

[https://www.activemidlothian.org.
uk](https://www.activemidlothian.org.uk)

Primary Athletics

P5 - P7 Athletics Championships

09.30 - 12.00 and 12.30 - 14.45

Thursday 30th May

Dalkeith Campus Athletics Track

Leading Athletics

As above

OTHER GENERAL TRAINING COURSES:

EMERGENCY FIRST AID AT WORK

09.00 - 16.00 Tuesday 29th August The Lasswade Centre Cost: £8

09.00 - 16.00 Tuesday 12th December The Lasswade Centre Cost: £8

INTRODUCTION TO COACHING CHILDREN

13.30 - 16.30 Friday 15th September Dalkeith Campus Cost: FREE

PICKLEBALL

January 2024 Cost: FREE

In-service training for school staff only

Course details to follow - please see our website for updates:

<https://www.activemidlothian.org.uk>

FURTHER INFORMATION

All training courses are for any teachers and school staff, volunteers, parents, club coaches and volunteers keen to deliver activities to school pupils in Midlothian.

Training courses are provided locally to make them as accessible as possible.

Courses are being offered free or with minimum costs, with the expectation that those attending will deliver a minimum 3 week block of free activity clubs for pupils in their school.

Training course attendees are strongly encouraged to deliver these activity sessions soon after course completion: to provide practical experience when information and skills gained are still fresh.

The Active Schools team can provide support and guidance on this activity delivery, as well as manage the admin of any clubs for the newly trained volunteers.

HOW TO BOOK

Training courses:

Email: ActiveSchools@midlothian.gov.uk

All updates to TRAINING COURSE information will be on our website:

<https://www.activemidlothian.org.uk>

Events:

All Event information and entry details will be sent directly to schools.

For any enquiries please email: ActiveSchools@midlothian.gov.uk

TWITTER & INSTAGRAM: @Active_Mid

FACEBOOK: Midlothian Active Schools

WEBSITE: www.activemidlothian.org.uk

ONLINE COURSES:

Introduction to Inclusive Practice (e-learning)

<https://www.scottishdisabilitysport.com/course-descriptors/>

Safeguarding In Sport (e-learning)

<https://sportscotland.org.uk/safeguarding-in-sport/>

Child Wellbeing & Mental Health in Football (e-learning)

<https://www.scottishfa.co.uk/football-development/coaching/become-a-coach/>

