



This year Active Schools would like to encourage pupils to try a Cluster Club at Lasswade High School. These clubs link with LHS and the Lasswade Community Sport Hub and provide a great introduction to club sport in the high school setting.

PAY AND PLAY! NO NEED TO BOOK!

| SPORT | YR GROUP | WHEN | WHERE | COACH |
|--|--------------------------------------|---|--|---|
| <p>ACTIVE SCHOOLS AMERICAN FOOTBALL</p> <p>Lothian Storm would like to invite P6 and P7 pupils to train with the high school pupils.</p> <p>This training is fun, inclusive and delivered by professional club coaches.</p> | <p>P6-P7</p> <p>(Boys and Girls)</p> | <p>4PM-5.30PM</p> <p>Runs every MONDAY (except holidays)</p> <p>1st Session FREE! Cost £3 per session</p> <p>Show up on the day and play!</p> | <p>The Lasswade Centre</p> <p>Grass pitches</p> | <p>Touch-down UK Coaches</p> <p>(Tomb Cramb)</p> |
| <p>ACTIVE SCHOOLS HOCKEY</p> <p>Come along and try hockey, whether you have played before or never picked up a stick – these sessions are suitable for all.</p> <p>Please bring your outdoor clothing and a jacket in case of rain.</p> | <p>P4-P7</p> | <p>2PM-3PM</p> <p>FRIDAYS 6 WEEK BLOCK</p> <p>DATES: 12 MAY—14 JUNE</p> <p>Cost £2 per session</p> <p>Show up on the day and play!</p> | <p>The Lasswade Centre</p> <p>Astro</p> | <p>Eskvale Hockey Club Coach</p> <p>(David Robertson)</p> |
| <p>ACTIVE SCHOOLS KARATE</p> <p>Bonnyrigg Karate Club would like to invite P1-7 pupils along to try out Karate.</p> | <p>P1-3</p> <p>P4-7</p> | <p>2PM-3PM</p> <p>3PM-4PM</p> <p>DATES: FRIDAYS</p> <p>Runs every Friday</p> <p>1st session FREE!</p> <p>Cost £3 per session</p> <p>For more information: alanborthwick25@hotmail.com</p> <p>07826919625</p> | <p>The Lasswade Centre</p> <p>Dance Studio B</p> | <p>Bonnyrigg Karate Club</p> <p>Alan Borthwick</p> |

