

A sport and leisure
guide to activities
for young people
in midlothian



Midlothian

Have a safe summer
2016

Exciting Opportunities for 2016 Midlothian Activity Camps and Midlothian Aquatic Camps

Together we can make our young people more active and healthier for a better future.

Have a look through our extensive coaching programme and choose from a variety of sports and activities.

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Summer Tasters – Multi Sports

Why not start your summer off in style with our Summer Fun in the Park Taster Sessions.

In a Park near you, we are bringing you 4 hours of fun and a chance to try 4 different sports, Football, Rugby, Tennis and Athletics, with coaching from Top Level Coaches, all for just £5 for the day.

Fun in the park sessions are aimed at ALL ability levels from beginners to advanced. This is an opportunity to try sports available in our full summer programme.

Dalkeith Kings Park – beside Dalkeith Thistle Ground.

Day	Date	Time	Age	Cost
Tuesday	5th July	8.30am – 1pm	5 – 12 yrs	£5

Poltonhall Park, Lasswade – beside Poltonhall Pavilion

Day	Date	Time	Age	Cost
Wednesday	6th July	8.30am – 1pm	5 – 12 yrs	£5

Penicuik Park – beside Rugby Club

Day	Date	Time	Age	Cost
Thursday	7th July	8.30am – 1pm	5 – 12 yrs	£5

To Book a place on any of the above, or for further information, contact James Sloggie **0131 561 6513** or email: james.sloggie@midlothian.gov.uk

Athletics Camps

The Run Jump and Throw programme offers children of all skill levels a wide variety of athletics events and techniques, and focuses on the FUNdamental movement skills, important in every child's development.

Loanhead KGV Park – beside Loanhead Leisure Centre

Day	Date	Time	Age	Cost
Tues to Frid	19 – 22 July	10 – 11am 11 – 12pm	P1 – P3 P4 – P7	£12.00 4 days
Booking Instructions	For further information or to book a place contact Community Recreation Officer Yvonne Anderson 0131 561 6518			

Roslin Pavilion/Park

Day	Date	Time	Age	Cost
Mon to Frid	25 – 29 July	10 – 11am	P1 – P3	£15.00 5 days
		11 – 12pm	P4 – P7	
Booking Instructions	For further information or to book a place contact Community Recreation Officer Yvonne Anderson 0131 561 6518			

Beeslack High School

Day	Date	Time	Age	Cost
Mon to Frid	1 – 5 August	10 – 11am	P1 – P3	£15.00 5 days
		11 – 12pm	P4 – P7	
Booking Instructions	For further information or to book a place contact Community Recreation Officer Yvonne Anderson 0131 561 6518			

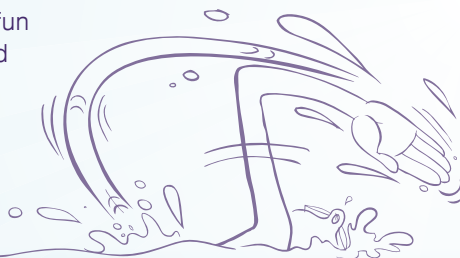
Dalkeith School Campus

Day	Date	Time	Age	Cost
Mon to Frid	8 – 12 August	10 – 11am	P1 – P3	£15.00 5 days
		11 – 12pm	P4 – P7	
Booking Instructions	For further information or to book a place contact Community Recreation Officer Yvonne Anderson 0131 561 6518			

Aquatics Midlothian

Swimming lessons, Diving camps, Life Guard courses, Inflatable sessions and FREE swims

Learn the basics of exciting water sports and fun activities such as Rookie Lifeguard, Diving and Swimming lessons. Be a lifeguard, test your fitness, or just for fun, something for everyone at our Summer Aquatics Camps.



Diving Camps

Newbattle Swimming Pool – T: 0131 561 5340

Do you want to learn how to dive? Or have you always wanted to brave the 3m Spring Board? Then why not come along to our summer diving camp and get taught from our qualified diving instructor.

Day	Date	Time	Age	Cost
Mon – Wed	18th – 20th July	11am – 12pm	6 – 17 years	£12
Mon – Wed	8th – 10th Aug	11am – 12pm	6 – 17 years	£12
Booking Instructions	Bookings must pre book at reception. Max 12 people per camp For Bookings contact Newbattle Swimming Pool			

Diving Fun Session

Newbattle Swimming Pool – T: 0131 561 5340

These are for beginners to the more advanced divers. Those who want to learn how to dive, advance on their current skills or even just to get the opportunity to use the 3 metre spring board!!

Day	Date	Time	Age	Cost
every Friday	Throughout summer	1.30 – 2.30pm	6 yrs +	£2 per 30 mins
Booking Instructions	No pre booking required. Must be able to swim 3 width of the pool unaided. Children aged 6/7 must have an adult accompany them.			

Inflatable Fun sessions

Newbattle Swimming Pool – T: 0131 561 5340

Can you take on the Juggernaut – Join us for a fun session with our giant inflatable which is put in the water for you to enjoy. “The Juggernaut” is duel runner inflatable obstacle course and great fun. So bring some friends and see who can conquer it the fastest.

Day	Time	Age	Cost
every Wednesday	1 – 2pm	3 – 17 years	£2 per session
And Saturday	2.30 – 3.30pm		
From 4th July until 14th Aug.			
Booking Instructions	Just turn up! Max age for inflatable 17 years old. Under 8's and non swimmers must be accompanied by an adult.		

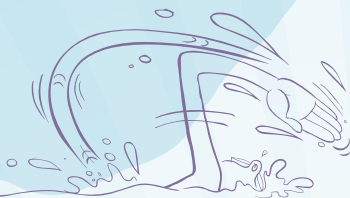
The Penicuik Centre – T: 01968 664066

Aqua Run Sessions

Day	Time	Activity	Age	Cost
Mondays Fridays Saturdays	Mon 10am – 12pm Frid 2 – 4pm Sat 10am – 12pm	Aqua Run	U16s & families	£2.10 per session
Booking Instructions	Just turn up! Under 8' Must be accompanied by an adult Enquire within Penicuik Centre Public Swimming still available.			

The Penicuik Centre – T: 01968 664066

Toddler Pool session – Large floats and Movable floor raised to 0.6m to create baby/toddler pool. Public swimming still available.



Day	Time	Activity	Age	Cost
Sundays	2.30 – 3.30pm	Toddler pool session	Families	£2.10 per session Adult £3.90
Booking Instructions	Just turn up! Enquire within Penicuik Centre			

National Pool Life Guard Qualification (NPLQ)

Think you've got what it takes to become a lifeguard. Then this is the course for you. The National Pool Lifeguard Qualification is a nationally recognised qualifications which allows you to work on poolside, candidates must be 16 yrs plus and strong swimmers Instructor based course. Non-refundable course. with exam at the end of course.

Newbattle Swimming Pool – T: 0131 561 5340

Day	Date	Time	Age	Cost
			16+ yrs	£214.10 Adult £186.85 concession
Booking Instructions	For dates, times and further information or to book a place contact Newbattle Swimming Pool reception on 0131 561 5340			

Loanhead Leisure Centre – T : 0131 440 4516

Day	Date	Time	Age	Cost
Mon – Sat	1st – 6 August	Mon – Fri 8am – 5pm Sat (exam) 8am – 12 noon	16+ yrs	£214.10 Adult £186.85 concession
Booking Instructions	For further information or to book a place contact Loanhead Leisure Centre reception on 0131 440 4516			

Rookie Lifeguard

The opportunity for younger swimmers to learn essential water skills, how to keep themselves safe and the knowledge of what to do in an emergency. Instructor based class. Class teaches basic lifesaving skills and techniques. Children Must be a competent swimmer and able to swim two widths.

Loanhead Leisure Centre – T : 0131 440 4516

Day	Date	Time	Age	Cost
Mon – Fri	18th – 22nd July & 25 – 29th July	4:30pm – 6pm	8 yrs +	£35.25 for 5 days
Booking Instructions	For further information or to book a place contact Loanhead Leisure Centre reception on 0131 440 4516			

Penicuik Centre – T: 01968 664066

Day	Date	Time	Age	Cost
Mon – Fri	18th to 22nd July	4.30 – 6pm	8 – 12 yrs	£23.50
Booking Instructions	For further information or to book a place contact Penicuik Centre reception on 01968 664066			

Swimming Lessons

Swimzone classes are available for all levels from preschool to adults. All of our swim coaches are UKCC qualified.

Babyfun (0 – 3 yrs). Instructor based class, these half hour adult and baby classes are designed to provide your child with early confidence and basic water skills.

Loanhead Leisure Centre – T : 0131 440 4516

Day	Date	Time	Age	Cost
Monday 's	18th & 25th July	1:30pm – 2pm 2pm – 2.30pm 2.30pm – 3pm	0 – 3 yrs	£4.70 30 min class
Booking Instructions	For further information or to book a place contact Loanhead Leisure Centre reception on 0131 440 4516			

Penicuik Centre – T: 01968 664066

Day	Date	Time	Age	Cost
Monday Friday	18th & 22nd July 25th & 29th July	Mon 10.45 – 11.15 & 11.15 – 11.45 Frid 1.30 – 2.00pm	0 – 3 yrs	£4.70 30 min class.
Booking Instructions	For further information or to book a place contact Penicuik Centre reception on 01968 664066			

Pre-school Lessons (3 – 5yrs)

These instructor led toddler sessions enable children aged 3 – 5 years to develop key swimming skills within a class environment, without adults, through structured games and activities.

Loanhead Leisure Centre – T : 0131 440 4516

Day	Date	Time	Age	Cost
Monday – Wednesday	18th – 20th July 25th – 27th July & 1st – 3rd Aug	3pm – 3:30pm	3 – 5 years	£14.10 X 3 days
Booking Instructions	For further information or to book a place contact Loanhead Leisure Centre reception 0131 440 4516			

The Penicuik Centre – T: 01968 664066

Day	Date	Time	Age	Cost
Monday – Wednesday	1st – 3rd Aug & 8th – 10 Aug	3:30pm – 4:15pm	3 – 5 years	£14.10 X 3 days
Booking Instructions	For further information or to book a place contact Penicuik Centre reception on 01968 664066			

Junior Swimming Lessons 5 yrs +

These instructor led one week intensive crash course swimming lessons for Beginners are designed to build confidence and teach basic swimming skills.

Loanhead Leisure Centre – T : 0131 440 4516

Day	Date	Time	Age	Cost
Mon – Fri	18th – 22nd July 25th – 29th July 1st – 5th August	3.45 – 4.20pm	5+ years	£23.50 X 5 days
Booking Instructions	For further information or to book a place contact Loanhead Leisure Centre reception on 0131 440 4516			

The Penicuik Centre – T: 01968 664066

Day	Date	Time	Age	Cost
Mon – Fri	1st to 5th Aug 2016	4:30pm – 6pm	5+ years	£23.50 X 5 days
Booking Instructions	For further information or to book a place contact Penicuik Centre reception on 01968 664066			

Free Swimming for Under 18's

Free swim sessions available to children and teenagers during school holidays. Pool rules for children under 8 years apply, (ask at reception for further information) 16 – 18 year olds should be in full time education and should be able to confirm this (matriculation card, letter from school/timetable etc.)

Lasswade Centre – T: 0131 271 4533

Loanhead Leisure Centre – T: 0131 440 4516

Newbattle Pool – T: 0131 561 5340

Penicuik Centre – T: 01968 664066

Dalkeith Campus – T: 0131 660 0265

Day	Date	Time	Age	Cost
Mon – Fri	Throughout school holidays	10.30 – 4.30pm (1 hour sessions, last entry 3.30pm)	5 yrs +	FREE
Booking Instructions	No booking just turn up! Contact Centre for further information.			

Badminton

Coaching with a Top Scottish Badminton Coach for all ability levels

Lasswade Centre – T: 0131 271 4533

Day	Date	Time	Age	Cost
Mon – Frid	25 – 29 July	9 – 11am & 11.30 – 13.30pm	5 – 12 yrs	£33 x 5 days
Booking Instructions		For further information or to book a place contact Lasswade Centre reception on 0131 271 4533		

Mayfield Leisure Centre

Day	Date	Time	Age	Cost
Mon – Thurs	11 – 14 July	2 – 3pm 3 – 4pm	5 – 7 years 8 years	£12 For 4 days
Booking Instructions		To book a place contact Community Recreation Officer Yvonne Anderson T: 0131 561 6518 Email: yvonne.anderson@midlothian.gov.uk		

Roslin Community Hall

Day	Date	Time	Age	Cost
Mon – Frid	18 – 22 July	10 – 11am 11 – 12 noon	5 – 7 years 8 years	£15 For 5 days
Booking Instructions		To book a place contact Community Recreation Officer Yvonne Anderson T: 0131 561 6518 Email: yvonne.anderson@midlothian.gov.uk		

Penicuik Centre

Day	Date	Time	Age	Cost
Mon – Frid	1 – 5 August	10 – 11am 11 – 12 noon	5 – 7 years 8 years	£15 For 5 days
Booking Instructions		To book a place contact Community Recreation Officer Yvonne Anderson T: 0131 561 6518 Email: yvonne.anderson@midlothian.gov.uk		

Basketball

Basketball coaching for all levels, coaches by qualified UKCC coaches.



Penicuik Centre

Day	Date	Time	Age	Cost
Mon – Wed	11 – 13 July	10am – 12pm	7 yrs +	£9 for 3 days
Booking Instructions		For further information or to book a place contact Yvonne Anderson, Community Recreation Officer on 0131 561 6518 Email: yvonne.anderson@midlothian.gov.uk		

Mayfield Leisure Centre

Day	Date	Time	Age	Cost
Mon – Wed	18 – 20 July	10am – 11am	7 yrs +	£9 for 3 days
Booking Instructions		For further information or to book a place contact Yvonne Anderson, Community Recreation Officer on 0131 561 6518 Email: yvonne.anderson@midlothian.gov.uk		

Bowling

Introduction to Bowling for all levels, from Top UKCC qualified coaches.

Please bring your own bowls if you have them, but bowls will be supplied. Footwear, should either be bowling shoes, or gym shoes, NOT trainers.

Bilston Bowling Club, Seafield Road, Bilston:

There are no set days for coaching, but coaching is available on request

For further information or to book a place contact Isabel 07939589377

Easthouses Bowling Club, 65 Easthouses Road, Easthouses, Dakeith, EH22 4EJ.

Day	Date	Time	Age	Cost
Friday	Ongoing	1 – 3pm	8 yrs +	50p session
Booking Instructions		No booking just turn up		

Scottish F.A. Football

SFA Gift to everyone attending an SFA Football course. Please bring a drink (water or still juice) and second children from the same family will receive 50% off their course fee.



Scottish F.A. Mini kickers

Play in a safe environment, interact with other children open to boys and girls SFA gift awarded at these courses.

Saltire Soccer Centre, Unit 1, Mayfield Industrial Estate, Mayfield EH22 4AD (indoor astro)

Day	Date	Time	Age	Cost
Tue - Thurs	5th - 7th July 2016	1pm - 1.45pm	3 - 4 years	£12
Booking Instructions	For further information or to book a place contact Keith Wright, Football Development Officer 0131 561 6517			

Scottish F.A. Summer Roadshow

Participate in small sided games, improve football skills. Be coached by SFA Coaches

Saltire Soccer Centre Unit 1, Mayfield Industrial Estate, Mayfield EH22 4AD (indoor astro)				
Day	Date	Time	Age	Cost
Monday - Friday	4th - 8th July 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50
Lasswade Centre, Eskdale Drive, Bonnyrigg (outdoor astro)				
Day	Date	Time	Age	Cost
Monday - Friday	11th - 15th July 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50

Penicuik Centre (outdoor astro)

Day	Date	Time	Age	Cost
Monday - Friday	18th - 22nd July 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50

Loanhead Leisure Centre (grass pitch)

Day	Date	Time	Age	Cost
Monday - Friday	25th July - 29th July 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50

Cowden Park, Dalkeith (grass pitch)

Day	Date	Time	Age	Cost
Monday - Friday	1st - 5th August 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50

Saltire Soccer Centre, Unit 1, Mayfield Industrial Estate, Mayfield EH22 4AD (indoor astro)

Day	Date	Time	Age	Cost
Monday - Friday	8th - 12th August 2016	10am - 12noon 10am - 3.00pm	5 - 12 Years	£30 £50

Booking Instructions For further information or to book a place contact Keith Wright, Football Development Officer 0131 561 6517

Gymnastics

Kiddie Tots - 18 mths - 3 yrs. The parent follows along, accompanying and supporting their child as they move through obstacles that develop strength, balance and co-ordination. Using Music and stories these sessions are great fun for Tots and their parents.

Gym Teds, Kiddie Kartwheels, Preschool gymnastics - 3 - 5 yrs. Using different objects to help them practice basic skills, such as running, rolling, hopping, jumping, throwing and catching. Also, using fairy stories, listening and moving to rhymes, songs and music.

Beginners gymnastics - 5 yrs + Learn the basic moves and improve strength and flexibility in a non competitive way with a fun and enthusiastic approach.

Danderhall Community Centre – T: 0131 663 9280

Day	Date	Time	Age	Cost
Mon to Thurs	18 – 21 July & 1 – 4 August	12 – 12.45 1 – 2.15 2.30 – 3.45	3 – 5 yrs 5 – 7 yrs 8 yrs +	£13.20 x 4 days £16.50 x 4 days
Mon to Thurs	25 – 28 July	9.30 – 10.15 10.30 – 11.45 12 – 1.15	3 – 5 yrs 5 – 7 yrs 8 yrs +	£13.20 x 4 days £16.50 x 4 days
Booking Instructions		For further information or to book a place contact Danderhall Centre reception on 0131 663 9280		

Gorebridge Leisure Centre – T: 01875 821739

Day	Date	Time	Age	Cost
Tues & Wed	2 & 3 August	10 – 10.45 11.15 – 12.15 12.45 – 1.45	3 – 5 yrs. 5 yrs +	£6.60 x 2 days £6.60 x 2 days
Booking Instructions		For further information or to book a place contact Gorebridge Leisure Centre reception on 01875 821739		

Lasswade Centre – T: 0131 271 4533

There will be a full programme of gymnastics over the summer months for age groups 18 months – 5 years +. For further information or to book a place contact Lasswade Centre reception on 0131 271 4533.

Mayfield Leisure Centre – T: 0131 663 2219

Day	Date	Time	Age	Cost
Tues & Wed	9 & 10 August	10 – 10.45 11.15 – 12.15 12.45 – 1.45	3 – 5 yrs. 5 yrs +	£6.60 x 2 days £6.60 x 2 days
Booking Instructions		For further information or to book a place contact Mayfield Leisure Centre reception on 0131 663 2219		

Gymtastic, 30 John Street, Penicuik, EH26 8AB

Day	Date	Time	Age	Cost
Mondays	Throughout holidays	4.30 – 5.30	Boys only beginners 5 yrs +	£4.00 per class – block booking
Tuesdays	Throughout holidays	4.00 – 5.00 & 5.00 – 6.00	Girls & boys beginners 5 yrs +	£4.00 per class – block booking
Wednesday	Throughout holidays	5.00 – 6.00	Girls & boys beginners 5 yrs +	£4.00 per class – block booking
Thursdays	Throughout holidays	4.00 – 5.00	Girls and boys beginners 5 yrs +	£4.00 per class – block booking
Saturdays	Throughout holidays	9.45 – 10.45	Girls & boys beginners 5 yrs +	£4.00 per class – block booking
Saturdays	Throughout holidays	10.45 – 11.45	Girls only beginners 5 yrs +	£4.00 per class – block booking
Booking Instructions		For further information or to book a place Email: gymtastic@tesco.net		

Multi Sports Camps

Active Schools Multi Sports Camps –
A daily mix of sporting activities including
Dance, Tennis, Water Polo, Judo, Karate, Athletics and Basketball



Lasswade High School Centre

Day	Date	Time	Age	Cost
Mon – Frid	25 – 29 July	9 – 10am 10 – 11am 11 – 12 noon	P1 – P3 P1 – P3 P4 – P7	£3.50 per session £15.00 per week
Booking Instructions		For further information or to book a place contact Active Schools Thelma Kelly 0131 561 6519		

Dalkeith High School Campus

Day	Date	Time	Age	Cost
Mon – Frid	18th – 22nd July	9 – 10am 10 – 11am 11 – 12 noon	P1 – P3 P1 – P3 P4 – P7	£3.50 per session £15.00 per week
Booking Instructions		For further information or to book a place contact Active Schools Thelma Kelly 0131 561 6519		

Multi Sports Camp for Young People with Additional Support Needs & Siblings

Sports for young people with additional support needs and their siblings, coached by fully qualified coaches.

We cannot provide one on one support, if this is required support/carer must accompany child.

Beeslack High School

Day	Date	Time	Age	Cost
Mon to Wed	8 – 10 August	2 – 4pm	8 – 16 yrs	£9 for 3 days
Booking Instructions		For further information or to book a place contact Community Recreation Officer Yvonne Anderson on 0131 561 6518		

Rugby



Midlothian Rugby Camps

New to the game or an experienced rugby player? Then this is for YOU! Come and learn/perfect your rugby skills with Full UKCC/Scottish Rugby qualified rugby coaches. Please note that the age groups relate to the year your child is going into at school, after the summer or has just finish. For example a P7 going into S1 will be considered as P7, P3 going into P4 will be considered P4..

Dalkeith RFC Summer Camp

Day	Date	Time	Age	Cost
Mon – Thurs	18th – 21st July	8am – 2pm (breakfast from 8am) Rugby from 9am	P4 – S1 (after the summer break)	£30 for 4 days (£7.50 per day, includes breakfast)

Penicuik RFC Summer Camp

Day	Date	Time	Age	Cost
Mon – Thurs	25th – 28th July	8am – 2pm (breakfast from 8am) Rugby from 9am	P4 – S1 (after the summer break)	£30 for 4 days (£7.50 per day, includes breakfast)

Lasswade RFC Summer Camp

Please see Club Website <http://www.pitchero.com/clubs/lasswade/>

Booking Instructions	To book a place at Penicuik or Dalkeith camps, contact James Sloggie Rugby Development Officer on James.sloggie@midlothian.gov.uk.
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Snowsports

Midlothian Snowsports Centre – T: 0131 445 4433

Junior Ski Camps

5 day ski Camps from beginner to advanced. Learn to ski, increase your confidence or develop your skills while making new friends.

Day	Date	Time	Age	Cost
Mon – Fri each week	11th July to 12th August	10am – 12:30pm & 2pm – 4:30pm	6 yrs – 17 yrs	£102.00
Booking Instructions	For further information or to book a place contact Midlothian Snowsports Centre reception 0131 445 4433			

Kinder Ski Camps

Kinder Ski Camp for 4 – 5 year old. Whether they are skiing for the very first time or developing their existing skills, our qualified instructors will strive to ensure all children have a safe, fun and enjoyable experience.

Day	Date	Time	Age	Cost
Mon – Fri each week	11th July to 12th August	Various times throughout the day (1 hr lesson)	4yrs – 5 yrs	£60.00
Booking Instructions	For further information or to book a place contact Midlothian Snowsports Centre reception 0131 445 4433			

Junior Snowboard Camps

5 day board camps from beginner to advanced. Learn to board, increase your skills while making new friends

Day	Date	Time	Age	Cost
Mon – Fri each week	11th July to 12th August	10am – 12:30am & 2pm – 4:30pm	8 yrs – 17 yrs	£102.00
Booking Instructions	For further information or to book a place contact Midlothian Snowsports Centre reception 0131 445 4433			

Weekend Camps

Weekends	Activity	Time	Age	Cost
Saturdays	Super Racers Club	09.15 – 11.15am	7 – 12 yrs	£12.50
An introduction to race training. The content each week includes themes such as tarlet turning, timed runs, technique and edge control and slalom/GS training.				
Saturdays	Radical Racers Club	11.15am – 1.15pm	7 – 14 yrs	£12.50

Trainees will be invited into Rad Racers after attending Super Racers and meeting set criteria				
Saturdays	Taster Ski and Snowboarding beginner Lessons	9.30am – 11:30am (Ski) 11.45 – 1.45pm (Snowboard)	8+ yrs	£30.50 Adults £20.50 Juniors
For all first timers. Learn all about the equipment and how posture and balance can help you develop the basic skills needed to take to the slopes for the first time.				
Booking Instructions	For further information or to book a place contact Midlothian Snowsports Centre reception 0131 445 4433			

Race camps

Junior intro to race training ski camp. Children should have attained level 6 or 7 of the ski school grading system and be good parallel skiers, able to ski from the top station.

Day	Date	Time	Age	Cost
Mon – Fri Each week	11th July to 12 August	10am – 12:30pm	7 yrs – 17 yrs	£102.00
Booking Instructions	For further information or to book a place contact Midlothian Snowsports Centre reception 0131 445 4433			

Junior Experienced Training Ski Camp – Race training for youngsters who are registered racers and are currently a member of a race club. Familiar with slalom and giant slalom practice, children should already be involved in competition and be keen to develop their technique to improve their performance in all aspects of racing.

Day	Date	Time	Age	Cost
Mon – Fri	18th to 22nd July	2.00 – 4.30pm	7 yrs – 17 yrs	£102.00
Mon – Fri	1st to 5th August			
Mon – Fri	15th to 19th August	10am – 12.30pm		
Booking Instructions	For further information or to book a place contact Midlothian Snowsports centre reception 0131 445 4433			

Tubing

	Activity	Time	Age	Cost
Everyday	Pay and Play tubing	Please check our website or call 0131 445 4433 for availability and times	Minimum age 4 yrs minimum height 1 metre	1 hr £8.00 for junior 1 hr £10.00 for Adults
4 specially built tubing runs, provide exhilarating and fun "Pay & Play" sessions for both children and adults. Our travelator takes all the hard work out of climbing up the hill. Just ride up and slide down.				
Friday Saturday Sunday	Tubing parties	Please check our website or call 0131 445 4433 for availability and times	Minimum age 4 yrs Minimum height 1 metre	£14.50 per person min of 10 people
Tubing parties are available for junior, adults and families on our specifically designed tubing runs. No huffing and puffing to get up the hill. Just ride up on the travelator...and slide down! After an exhilarating hour tubing, a birthday meal is provided in Cafe 360.				
Friday Saturday Sunday	Junior Tubing Party	Please check our website or call 0131 445 4433 for availability and times	4 yrs – 12 yrs	£12.50 per child (min of 10 people)
Snow tubes are round inflatable doughnuts with smooth plastic bases to enable them to slide down the slope. After an exhilarating hour tubing on the nursery slope, a birthday meal is provided in Cafe 360				
Booking Instructions		For further information or to book a place contact Midlothian Snowsports centre reception 0131 445 4433		

Tonezone

Teenzone

Tonezone with instructor for the 12 – 15 yrs
Teenzone running as normal throughout the school holidays.
Check individual centres for times.

Lasswade Centre – T: 0131 271 4533

Loanhead Leisure Centre – T: 0131 440 4516

Newtongrange Centre – T: 0131 561 5325

Penicuik Centre – T: 01968 664066

Day	Date	Time	Age	Cost
Centre Dependent	Advised		12 – 15 years	£3.65 ??
Booking Instructions		For further information or to book a place contact Centre.		

Tennis

Penicuik YMCA/YWCA 58 Queensway Penicuik EH26 05T – Sessions will be delivered by LTA level 2 qualified coaches

Day	Date	Time	Age	Cost
Mon – Fri	18 – 22 July	10 – 11am 11 – 12 noon	5 – 7 years 8 years +	£45
Booking Instructions		For further information or to book a place contact Yvonne Anderson 0131 561 6518		

Trampoline

Midlothian Trampoline Summer Schools

Fun classes lead by qualified instructors, Learn the basic skills required to bounce safely.

Danderhall Community Centre – T: 0131 663 9280

Day	Date	Time	Age	Cost
Mon to Thurs	18 – 21 July	1 – 2.15	8 yrs +	£16.50 x 4 days
		2.30 – 3.45	5 – 7 yrs	
Mon to Thurs	25 – 28 July	10.30 – 11.45	8 yrs +	£16.50 x 5 days
		12.00 – 1.15	5 – 7 yrs	
Booking Instructions		For further information or to book a place contact Danderhall Community Centre reception on 0131 663 9280		

Gorebridge Leisure Centre – T : 01875 821739

Day	Date	Time	Age	Cost
Tue & Wed	2 & 3 August	2 – 3pm & 3.15 – 4.15pm	5yrs + at school	£3.30 per session £6.60 x 2 days
Booking Instructions	For further information or to book a place contact Gorebridge Leisure Centre reception on 01875 821739			

The Lasswade Centre – T: 0131 271 4533

There will be a full programme of trampoline coaching over the summer months for age groups for 5 years +. For further information or to book a place contact Lasswade Centre reception on 0131 271 4533.

Mayfield Leisure Centre – T: 0131 663 2219

Day	Date	Time	Age	Cost
Tue & Wed	9 & 10 August	2 – 3pm & 3.15 – 4:15pm	5yrs + at school	£3.30 per session £6.60 x 2 days
Booking Instructions	For further information or to book a place contact Mayfield Leisure Centre reception on 0131 663 2219			

All our Summer Camps, Clubs and Sports Programmes run subject to numbers attending.

Danderhall Comm Centre	T: 0131 663 9280
The Lasswade Centre	T: 0131 271 4533
Loanhead Leisure Centre	T: 0131 440 4516
Mayfield Leisure Centre	T: 0131 663 2219
Gorebridge Leisure Centre	T: 01875 821739
Newtongrange Leisure Centre	T: 0131 561 5299
Newbattle Swimming Pool	T: 0131 561 5340
Midlothian Snowsports Centre	T: 0131 445 4433
The Penicuik Centre	T: 01968 664066



Midlothian

Midlothian Council,
Midlothian House
Buccleugh Street
Dalkeith
Tel: 0131 561 6509

Free Swimming For Under 18's

Free swim sessions will be available to children and teenagers at the centre during the school holidays. The following rules apply:

- Sessions open to Midlothian residents only
- Sessions run from Monday – Friday 10:30am – 4:30pm
- Sessions finish at 4.30pm therefore last entry will be 3.30pm
- Sessions are 1 hour after which customers will be asked to leave the session
- Pool rules for children under 8 years apply (Ask at reception for further info)
- 16 – 18 year olds should be in full time education and should be able to confirm this in some way (Matriculation card, letter from school/timetable etc)

