

# Guide to Sports in Danderhall 2016/17



Produced by  
**COMMUNITY  
SPORT  
HUB**  
DANDERHALL

# WELCOME TO OUR GUIDE TO SPORT

Community Sport Hubs provide a home for sport.

They bring together sports clubs and key local partners who want to develop and grow the sports on offer in their local community.

**The Danderhall Community Sport Hub** is a partnership between sports clubs and organisations in and around Danderhall.

We want to;

- Have more people doing sport
- Offer a range of sports
- Ensure all the right people are working together
- Support Community Leadership

What we have already done;

- Increased gymnastics programme at Danderhall Leisure Centre with three clubs now running regular training sessions including joint-purchase of equipment.
- Increased martial arts programme by introducing Judo and Tae Kwon Do clubs to Danderhall Leisure Centre

This guide is designed to highlight the sports available in the Danderhall area and to allow those interested to find out about our local clubs



## Destination Danderhall Judo

Danderhall Judo Club is the longest serving club in Midlothian having been here for 32 years.

It is a community based club and caters for all ages and abilities and has also produced Scottish and British Champions. We currently have players who are in the Scottish Talent Squad but we also cater for recreational and fun judo. The starting age is from 5 upwards, so come along and try an Olympic sport.

Contact **0131 467 9054** for more details



## Sankukai Karate



Sensei Mr George Payne, 5th Dan Black Belt leads classes through the basic karate punching and kicking techniques progressing into randori, kata, sparring and pad work.

All coaches are fully qualified and Disclosure Scotland PVG checked.

[sankukaikarate@yahoo.co.uk](mailto:sankukaikarate@yahoo.co.uk)

mobile: **07791 883 642**

[www.sankukaikarate.com](http://www.sankukaikarate.com)

## Elite Taekwondo Scotland

Taekwondo is the Korean art of self defence designed to promote self confidence, discipline and physical fitness

Teaching Taekwondo in Midlothian and Edinburgh for over 30 years we run a family club which is designed for families to all train together in specific classes.

Classes start at age 3 years with specific syllabus for kids and adults.

For Further information about our club please see our website at [www.elitetkd.uk](http://www.elitetkd.uk) or phone **07590 283 735**



Our WA and MA classes all aim to develop gymnasts to compete at a Regional, National and Elite level and achieve their full competitive potential. Our General section is split into competitive Floor and Vault classes where



gymnasts may compete in Scottish competitions and Recreational classes which are for fun and fitness.

Our club is proud to have achieved and retained the British Gymnastics GymMark accreditation. This award recognises our high operating standards, use of best practice and our continual

provision of safe and effective environments.

For Further information about our club please see our website at

<http://www.lasswadegymnastics.club/>

or to enquire please email

[lasswadegymnasticsenquiry@hotmail.com](mailto:lasswadegymnasticsenquiry@hotmail.com)

## Lasswade Gymnastics Club

We are the resident Gymnastics Club operating from the performance Gymnastics Academy in the Lasswade High School Centre and have recently expanded to offer classes in Danderhall Leisure Centre. Our team of highly Qualified and dedicated coaches provide classes to over 200 local gymnasts with a wide spectrum of classes across our three gymnastics disciplines; Women's Artistic, Men's Artistic and General Gymnastics. Our



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## Meadowbank Karate Group

Karate Kids classes for boys and girls aged 5+ to keep fit and have fun while learning an effective martial art.

The Meadowbank Karate Group was founded in 1970 under the instruction of Hamish Adam MBE, 8th Dan.

The first club started in Meadowbank Sports Centre and the group now have many clubs throughout Scotland.

Email: [Hamish.adam@sky.com](mailto:Hamish.adam@sky.com) for more details  
[www.meadowbankkarate.co.uk](http://www.meadowbankkarate.co.uk)



## East Lothian Gymnastics Academy

ELGA is open to all children from P1 or age 5 and above.

We have classes to suit all ages and abilities and offer many disciplines from Women's Artistic, Display Team and Recreational.

Our coaches use a fun approach to coaching making the experience fun whilst learning a great sport. All our coaches are qualified, dedicated and love coaching.

[elgagymnastics@gmail.com](mailto:elgagymnastics@gmail.com)

[www.elga.btck.co.uk](http://www.elga.btck.co.uk)

[www.facebook.com/E.L.G.A08](https://www.facebook.com/E.L.G.A08)



## Midlothian Gymnastics Club

Midlothian GC is a small friendly Gymnastics Club, offering both recreational and competitive gymnastics for all.

We offer a number of disciplines; which include Women's Artistic, Team Gymnastics, Trampoline and Display.

The classes we offer are fun, creative and cater for everyone.

We have around 100 members all at various levels of the gymnastics pathway, supported by an enthusiastic and qualified coaching team, who enable children to realise their full potential.

For more information on the classes we offer please contact [Midlothiangc@gmail.com](mailto:Midlothiangc@gmail.com)



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# Danderhall Community Sport Hub

The Hub works closely with local organisations who support sports and provide sports facilities for the Danderhall community.

If you are looking for help in setting up a club or are looking for a venue for your club, the following may be able to help.

## **Danderhall Leisure Centre**

**Email:** [danderhall-leisure-centre@midlothian.gov.uk](mailto:danderhall-leisure-centre@midlothian.gov.uk)  
**Tel:** 0131 663 9280

## **Midlothian Council Sports Development**

**Email:** [allan.blair@midlothian.gov.uk](mailto:allan.blair@midlothian.gov.uk)  
**Tel:** 0131 561 6505

## **Midlothian Council Disability Sport Officer**

**Email:** [Yvonne.anderson@midlothian.gov.uk](mailto:Yvonne.anderson@midlothian.gov.uk)  
**Tel:** 0131 561 6518

## **Midlothian Active Schools Coordinators**

**Email:** [activeschools@midlothian.gov.uk](mailto:activeschools@midlothian.gov.uk)  
**Tel:** 0131 561 6521



Midlothian

**sport**scotland

If your sports is interested in becoming involved with the Hub then please email [community.sporthubs@midlothian.gov.uk](mailto:community.sporthubs@midlothian.gov.uk) for more information.